

Papers marked: *are not offered in 2012, ** may not be offered in 2012

Please consult advisers to confirm degree completion.

Checklist for EXPR Major 2012 (Guidelines only)

First Year

- | | |
|---|---|
| <input type="checkbox"/> PHSE 101 (18) Sociocultural Fndtns of PhysEd | <input type="checkbox"/> PHSE 102 (18) Biophysical Fndtns of Human Mvmt |
| <input type="checkbox"/> PHSE 103 (18) Movement Education 1A & 1B | <input type="checkbox"/> HUBS 192 (18) Human Body Systems II |
| <input type="checkbox"/> HUBS 191 (18) Human Body Systems I | |

PLUS 36 Points from any degree

Course code	Points	Course code	Points
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

Second Year

- | | |
|---|--|
| <input type="checkbox"/> ANAT 250 (18) Functional Anatomy | <input type="checkbox"/> PHSE 204 (18) History of Sport |
| <input type="checkbox"/> PHSE 104 (18) Applied Physical Experiences | <input type="checkbox"/> PHSE 205 (18) Psychology of Sport |
| <input type="checkbox"/> PHSE 202 (18) Movement Analysis & Control | <input type="checkbox"/> PHSE 206 (18) Sociology of Sport |
| <input type="checkbox"/> PHSE 203 (18) Exercise Physiology | |

Third and Fourth Year

PLUS 126 points from any degree
(54 points must be above 100-level)

Course code	Course code
<input type="text"/>	<input type="text"/>
Course code	Course code
<input type="text"/>	<input type="text"/>
Course code	Course code
<input type="text"/>	<input type="text"/>
Course code	
<input type="text"/>	

PLUS 54 points from
PHSE 200/300/400 level papers

Course code	Course code
<input type="text"/>	<input type="text"/>
Course code	
<input type="text"/>	

Third and Fourth Year – Major - Four of the following (72 pts over two years: Choose 36 pts per year)

- PHSE 311 Medical Aspects of Ex. & Physical Activity (**required**)
- PHSE 312 Prescription of Physical Activity & Exercise (**required**)

And any two of

- PHSE 310* Athletic Injuries
- PHSE 313 Exercise Prescription Practicum
- PHSE 314 Athletic Training and Conditioning
- PHSE 315*Physical Activity and Health
- PHSE 336 Exercise Psychology
- PHSE 401 Advanced Exercise Physiology

Total Points = 504

Papers marked: *are not offered in 2012, **may not be offered in 2012

Please consult advisors to confirm degree completion.

Checklist for EXSS Major 2012 (Guidelines only)

First Year

- | | |
|---|---|
| <input type="checkbox"/> PHSE 101 (18) Sociocultural Fndtns of PhysEd | <input type="checkbox"/> PHSE 102 (18) Biophysical Fndtns of Human Mvmt |
| <input type="checkbox"/> PHSE 103 (18) Movement Education 1A & 1B | <input type="checkbox"/> HUBS 192 (18) Human Body Systems II |
| <input type="checkbox"/> HUBS 191 (18) Human Body Systems I | |

Note Stat 110 required for this Major

PLUS 36 Points from any degree

Course code	Points	Course code	Points
<input style="width: 100px;" type="text"/>	<input style="width: 30px;" type="text"/>	STATS 110	<input style="width: 30px;" type="text"/>

Second Year

- | | |
|---|--|
| <input type="checkbox"/> ANAT 250 (18) Functional Anatomy | <input type="checkbox"/> PHSE 204 (18) History of Sport |
| <input type="checkbox"/> PHSE 104 (18) Applied Physical Experiences | <input type="checkbox"/> PHSE 205 (18) Psychology of Sport |
| <input type="checkbox"/> PHSE 202 (18) Movement Analysis & Control | <input type="checkbox"/> PHSE 206 (18) Sociology of Sport |
| <input type="checkbox"/> PHSE 203 (18) Exercise Physiology | |

Third and Fourth Year

PLUS 126 points from any degree
(54 points must be above 100-level)

Course code	Course code
<input style="width: 100px;" type="text"/>	<input style="width: 100px;" type="text"/>
Course code	Course code
<input style="width: 100px;" type="text"/>	<input style="width: 100px;" type="text"/>
Course code	Course code
<input style="width: 100px;" type="text"/>	<input style="width: 100px;" type="text"/>
Course code	
<input style="width: 100px;" type="text"/>	

Third and Fourth Year – Major - Four of the following (72 pts over two years: Choose 36 pts per year)

- PHSE 301 Exercise Metabolism
- PHSE 302 Movement & Performance Analysis in Sport
- PHSE 303 Biomechanics of Sports Injury
- PHSE 304 Motor Control
- PHSE 305 Lifespan Human Development
- PHSE 306 Developmental Motor Disorders
- PHSE 314 Athletic Training and Conditioning
- PHSE 315*Physical Activity and Health
- PHSE 329 Sport Technology
- PHSE 401 Advanced Exercise Physiology

PLUS 54 points from
PHSE 200/300/400 level papers

Course code	Course code
<input style="width: 100px;" type="text"/>	<input style="width: 100px;" type="text"/>
Course code	
<input style="width: 100px;" type="text"/>	

Total Points = 504

Papers marked: *are not offered in 2012, **may not be offered in 2012
 Please consult advisers to confirm degree completion.

Checklist for PROF Major 2012 (Guidelines only)

First Year

- | | |
|---|--|
| <input type="checkbox"/> PHSE 101 (18) Sociocultural Fndtns of PhysEd | <input type="checkbox"/> PHSE 102 (18) Biophysical Fndtns of HumanMvmt |
| <input type="checkbox"/> PHSE 103 (18) Movement Education 1A & 1B | <input type="checkbox"/> HUBS 192 (18) Human Body Systems II |
| <input type="checkbox"/> HUBS 191(18) Human Body Systems I | |

PLUS 36 Points from any degree

Course code	Points	Course code	Points
<input style="width: 100px; height: 20px;" type="text"/>	<input style="width: 40px; height: 20px;" type="text"/>	<input style="width: 100px; height: 20px;" type="text"/>	<input style="width: 40px; height: 20px;" type="text"/>

Second Year

- | | |
|---|--|
| <input type="checkbox"/> ANAT 250 (18) Functional Anatomy | <input type="checkbox"/> PHSE 204 (18) History of Sport |
| <input type="checkbox"/> PHSE 104 (18) Applied Physical Experiences | <input type="checkbox"/> PHSE 205 (18) Psychology of Sport |
| <input type="checkbox"/> PHSE 202 (18) Movement Analysis & Control | <input type="checkbox"/> PHSE 206 (18) Sociology of Sport |
| <input type="checkbox"/> PHSE 203 (18) Exercise Physiology | |

Third and Fourth Year

PLUS 126 points from any degree
 (54 points must be above 100-level)

Course code	Course code
<input style="width: 100px; height: 20px;" type="text"/>	<input style="width: 100px; height: 20px;" type="text"/>
Course code	Course code
<input style="width: 100px; height: 20px;" type="text"/>	<input style="width: 100px; height: 20px;" type="text"/>
Course code	Course code
<input style="width: 100px; height: 20px;" type="text"/>	<input style="width: 100px; height: 20px;" type="text"/>
Course code	
<input style="width: 100px; height: 20px;" type="text"/>	

PLUS 54 points from
 PHSE 200/300/400 level papers

Course code	Course code
<input style="width: 100px; height: 20px;" type="text"/>	<input style="width: 100px; height: 20px;" type="text"/>
Course code	
<input style="width: 100px; height: 20px;" type="text"/>	

Total Points = 504

**Third and Fourth Year – Major –
 Four of the following**
 (72 pts over two years: choose 36 pts per year)

- PHSE 320 Akoranga Whakakori
- PHSE 322 Teaching Phys Ed & Health
- PHSE 323 Issues in Physical Education & Health
- PHSE 324 Theoretical Perspectives on Phys Ed & Health
- PHSE 325 Dance and the Community
- PHSE 326 Dance Education
- PHSE 327 Adventure Education
- PHSE 328* Teaching & Learning in the Outdoors
- PHSE 330 Sports Coaching
- PHSE 331* Coaching Junior Athletes
- PHSE 414* Dance Education Philosophy
- PHSE 415* Research and Issues in Outdoor Education
- PHSE 416 Adventure, Environment & Society
- PHSE 426* Coaching Practice & Research

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Please consult advisers to confirm degree completion.

Checklist for SPLS Major 2012 (Guidelines only)

First Year

- | | |
|---|---|
| <input type="checkbox"/> PHSE 101 (18) Sociocultural Fndtns of PhysEd | <input type="checkbox"/> PHSE 102 (18) Biophysical Fndtns of Human Mvmt |
| <input type="checkbox"/> PHSE 103 (18) Movement Education 1A & 1B | <input type="checkbox"/> HUBS 192 (18) Human Body Systems II |
| <input type="checkbox"/> HUBS 191 (18) Human Body Systems I | |

PLUS 36 Points from any degree

Course code	Points	Course code	Points
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

Second Year

- | | |
|---|--|
| <input type="checkbox"/> ANAT 250 (18) Functional Anatomy | <input type="checkbox"/> PHSE 204 (18) History of Sport |
| <input type="checkbox"/> PHSE 104 (18) Applied Physical Experiences | <input type="checkbox"/> PHSE 205 (18) Psychology of Sport |
| <input type="checkbox"/> PHSE 202 (18) Movement Analysis & Control | <input type="checkbox"/> PHSE 206 (18) Sociology of Sport |
| <input type="checkbox"/> PHSE 203 (18) Exercise Physiology | |

Third and Fourth Year

PLUS 126 points from any degree
(54 points must be above 100-level)

Course code	Course code
<input type="text"/>	<input type="text"/>
Course code	Course code
<input type="text"/>	<input type="text"/>
Course code	Course code
<input type="text"/>	<input type="text"/>
Course code	
<input type="text"/>	

PLUS 54 points from
PHSE 200/300/400 level papers

Course code	Course code
<input type="text"/>	<input type="text"/>
Course code	
<input type="text"/>	

Total Points = 504

Third and Fourth Year –Major -
Four of the following (72 pts over two years:
Choose 36 pts per year)

- PHSE 320 Akoranga Whakakori
- PHSE 330 Sports Coaching
- PHSE 331* Coaching Junior Athletes
- PHSE 333* Leisure Dimensions
- PHSE 334 Advanced Sport Psychology
- PHSE 335 Applied Sport Psychology
- PHSE 336 Exercise Psychology
- PHSE 337 Body Culture & Society
- PHSE 338 Advanced Sociology of Sport
- PHSE 339 Sport Governance & Administration
- PHSE 340 Sport Management & Strategy
- PHSE 422 Sport and Leisure Policy
- PHSE 423* Sport, Leisure & Social Theory
- PHSE 424 Sport Media and Culture
- PHSE 425 Sport Management Practicum
- PHSE 426* Coaching Practice & Research
- PHSE 430* Critical Aspects of Sport Management

Papers marked: *are not offered in 2012, **may not be offered in 2012

Please consult advisers to confirm degree completion.

Checklist for Double Major 2012 (Guidelines only)

First Year

- | | |
|---|---|
| <input type="checkbox"/> PHSE 101 (18) Sociocultural Fndtns of PhysEd | <input type="checkbox"/> PHSE 102 (18) Biophysical Fndtns of Human Mvmt |
| <input type="checkbox"/> PHSE 103 (18) Movement Education 1A & 1B | <input type="checkbox"/> HUBS 192 (18) Human Body Systems II |
| <input type="checkbox"/> HUBS 191 (18) Human Body Systems I | |

PLUS 36 Points from any degree

Course code	Points	Course code	Points
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

Second Year

- | | |
|---|--|
| <input type="checkbox"/> ANAT 250 (18) Functional Anatomy | <input type="checkbox"/> PHSE 204 (18) History of Sport |
| <input type="checkbox"/> PHSE 104 (18) Applied Physical Experiences | <input type="checkbox"/> PHSE 205 (18) Psychology of Sport |
| <input type="checkbox"/> PHSE 202 (18) Movement Analysis & Control | <input type="checkbox"/> PHSE 206 (18) Sociology of Sport |
| <input type="checkbox"/> PHSE 203 (18) Exercise Physiology | |

Third and Fourth Year

Third & Fourth Years (144 pts OVER TWO YEARS with 72 pts in EACH Major)

EXPR	EXSS	PROF	SPLS
Four of the following:	Four of the following:	Four of the following:	Four of the following:
<input type="checkbox"/> PHSE 310*	<input type="checkbox"/> PHSE 301	<input type="checkbox"/> PHSE 320	<input type="checkbox"/> PHSE 320
<input type="checkbox"/> PHSE 311	<input type="checkbox"/> PHSE 302	<input type="checkbox"/> PHSE 321	<input type="checkbox"/> PHSE 330
<input type="checkbox"/> PHSE 312	<input type="checkbox"/> PHSE 303	<input type="checkbox"/> PHSE 322	<input type="checkbox"/> PHSE 331*
<input type="checkbox"/> PHSE 313	<input type="checkbox"/> PHSE 304	<input type="checkbox"/> PHSE 323	<input type="checkbox"/> PHSE 332
<input type="checkbox"/> PHSE 314	<input type="checkbox"/> PHSE 305	<input type="checkbox"/> PHSE 324*	<input type="checkbox"/> PHSE 333*
<input type="checkbox"/> PHSE 315*	<input type="checkbox"/> PHSE 306	<input type="checkbox"/> PHSE 325	<input type="checkbox"/> PHSE 334
<input type="checkbox"/> PHSE 336	<input type="checkbox"/> PHSE 314	<input type="checkbox"/> PHSE 326	<input type="checkbox"/> PHSE 335
<input type="checkbox"/> PHSE 401	<input type="checkbox"/> PHSE 315*	<input type="checkbox"/> PHSE 327	<input type="checkbox"/> PHSE 336
Bold papers required	<input type="checkbox"/> PHSE 329	<input type="checkbox"/> PHSE 328*	<input type="checkbox"/> PHSE 337
	<input type="checkbox"/> PHSE 401	<input type="checkbox"/> PHSE 329	<input type="checkbox"/> PHSE 338
	Note: STAT 110 required	<input type="checkbox"/> PHSE 330	<input type="checkbox"/> PHSE 339
		<input type="checkbox"/> PHSE 331*	<input type="checkbox"/> PHSE 340
		<input type="checkbox"/> PHSE 414*	<input type="checkbox"/> PHSE 422
		<input type="checkbox"/> PHSE 415	<input type="checkbox"/> PHSE 423*
		<input type="checkbox"/> PHSE 416	<input type="checkbox"/> PHSE 424
		<input type="checkbox"/> PHSE 426*	<input type="checkbox"/> PHSE 425
			<input type="checkbox"/> PHSE 426*
			<input type="checkbox"/> PHSE 430*

PLUS 108 pts from any degree (36 pts must be above 100-level*) * HUNT 232 (18) Recommended

Course code	Points	Course code	Points	Course code	Points
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Course code	Points	Course code	Points	Course code	Points
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Course code	Points				
<input type="text"/>	<input type="text"/>				

STAT110 (For EXSS Major)

Total Points = 504