

PHSE 301
(first semester)

Exercise Metabolism
(18 points)

Lecturer:

Dr Nancy Rehrer



Description:

Extension of the principles of exercise physiology and biochemistry. Focuses on human energetics and the metabolic pathways in which substrates are made available and utilised during exercise.

Prerequisite:

One of PHSE 203, BIOC 221-223, 211-213

Method of Teaching: Lectures and Laboratories

Assessment:

- (i) Laboratory Reports..... 35%
- (ii) Mid-Semester Test 15%
- (iii) Final Examination 50%

Lectures:

Tuesday, Thursday 1.00 - 1.50 pm

Laboratory:

6 x 2 hour 50 minute labs

PHSE 302

(first semester)

Movement and Performance Analysis in Sport

(18 points)



Lecturer: Professor Roger Bartlett

Description: A mainly qualitative analytical approach to evaluating and improving performance in sport and exercise using biomechanics.

Note: The paper has a strong focus on intra- and inter-performer movement coordination.

Prerequisite: PHSE 202

Method of Teaching: Lectures and Laboratories (also informal tutorials)

Assessment: (i) Laboratory Reports..... 50%
(ii) Final Examination 50%

Recommended Texts: Bartlett, R.M. (2007) *Introduction to Sports Biomechanics: Analysing Human Movement Patterns*. London: Routledge

Bartlett, R.M., & Bussey, M. (2012) *Sports Biomechanics: Reducing Injury Risk and Improving Sports Performance*. London: Routledge

Hughes, M.D., & Franks, M. (eds). (2008) *The Essentials of Performance Analysis: An Introduction*. London: Routledge

Lectures: Monday, Wednesday 11.00 - 11.50 am

Laboratory: 1 x 3 hour lab per fortnight

Informal Tutorials: 2 x 1 hour slots per week to be arranged

PHSE 303

(first semester)
(not offered in 2013)

Biomechanics of Sports Injury

(18 points)



Lecturer: Dr Melanie Bussey

Description: Provides a background to the biomechanical reasons why injuries occur in sport, specifically relating to the biological property of tissues and the estimation of forces in biological structures.

Prerequisite: PHSE 202

Limited to: BPhEd, BPhEd(Hons), PGDipPE

Method of Teaching: Lectures and Laboratories

Assessment: (i) Laboratories & Practical Examination .. 50%
(ii) Final Examination 50%

Recommended Text: Bartlett, R.M. & Bussey, M.D. (2012) *Sports Biomechanics: Reducing Injuries Risk and Improving Performance*. London: Routledge

Lectures: Tuesday 11.00 - 11.50 am
Friday 12.00 - 12.50 pm

Laboratories: *Students will be streamed into one of the following:*
Wednesday 2.00 - 4.50 pm (3 hrs)
Friday 2.00 - 4.50 pm (3 hrs)

PHSE 304
(second semester)

Motor Control
(18 points)



Lecturer: Dr Jon Shemmell

Description: A study of the processes underlying the learning, regulation and control of movement.

Prerequisites: PHSE 202 & 203

Method of Teaching: Lectures, Seminars, Laboratories

Assessment: (i) Internal Assessment..... 50%
(ii) Final Examination 50%

Strongly Recommended Text:

Kandel, E.R., Schwartz, J.H., & Jessell, T.M. (2000)
Principles of Neural Science (4th ed.) New York:
McGraw-Hill

Lectures: Monday, Wednesday 11.00 - 11.50 am

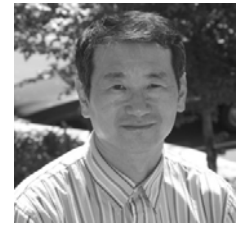
Laboratories: Fortnightly, Wednesday, Thursday
2.00 - 4.50 pm (3 hrs)

PHSE 305
(first semester)

Lifespan Human Development
(18 points)

Lecturer:

Dr Motohide Miyahara



Description:

An examination of human growth and development from various theoretical perspectives. Emphases will be placed on appreciation of atypical development from the knowledge of typical development and application of theoretical understanding to individual student's own development.

Prerequisites:

PHSE 202 & 203

Method of Teaching: Lectures and Laboratories

Assessment:

(i) Internal Assessment..... 50%
(ii) Final Examination 50%

Required Text:

Papalia, D.E., Olds, S.W., & Feldman, R.D. (2007)
Human Development (10th ed.). New York:
McGraw-Hill

Lectures:

Monday, Wednesday 10.00 - 10.50 am

Laboratories:

Movement Development Clinic:
Monday - Thursday 3.30 - 4.30 pm

PHSE 306
(second semester)

Developmental Motor Disorders
(18 points)

Lecturer:

Dr Motohide Miyahara



Description:

An overview of prevalent developmental motor disorders. Assessment and teaching of children with these disorders at the Movement Development Clinic.

Prerequisites:

PHSE 202 & 203

Method of Teaching: Lectures and Laboratories

Assessment:

(i) Internal Assessment..... 50%
(ii) Final Examination 50%

Required Text:

Dewey, D. & Tupper, D.E. (eds) *Developmental Motor Disorders*. New York: Guilford Publications

Lectures:

Tuesday, Thursday 10.00 - 10.50 am

Laboratories:

Movement Development Clinic:
Monday - Thursday 3.30 - 4.30 pm

PHSE 310 Athletic Injuries

(not offered) (18 points)

(offered in semester two 2013)

Lecturer: TBA

Description: The identification and understanding of risk factors associated with the most common injuries in sport and the application of that knowledge to develop strategies for injury prevention and rehabilitation.

Prerequisites: PHSE 202 & 203

Method of Teaching: Lectures and Laboratories

Assessment: (i) Laboratories & Practical Examination . 50%
 (ii) Final Examination 50%

Highly Recommended Text:

Bahr, R., & Engebretsen, L. (2009). *Sports Injury Prevention*. Chichester: Wiley-Blackwell

Lectures: Friday, 9 00 - 10.50 am (2 hrs)

Laboratories: Anatomy laboratory: times to be arranged

Assessment Laboratories:

Students will be streamed into one of the following:

Monday 9.00 - 11.50 am (3 hrs)

Monday 2.00 - 4.50 pm (3 hrs)

Wednesday 2.00 - 4.50 pm (3 hrs)

Thursday 2.00 - 4.50 pm (3 hrs)

PHSE 311

(first semester)

Medical Aspects of Exercise and Physical Activity

(18 points)



Coordinator: Dr Lynnette Jones

Lecturer: Dr Lynnette Jones

Description: An overview of the physiological changes that occur with age, obesity and medical conditions, and the impact these changes have on exercise prescription.

Prerequisites: PHSE 202 & 203

Recommended preparation:

One 200-level BIOC or PHSL paper

Method of Teaching: Lectures and Tutorials

Assessment: (i) Internal Assessment..... 40%
(ii) Final Examination 60%

Recommended Text:

Williamson, P (2011). *Exercise for Special Populations*. Lippincott, Williams & Wilkins, Baltimore, MD

Lectures: Tuesday, Thursday, Friday 11.00 - 11.50 am

Tutorials: *Students will be streamed into one of the following:*

Monday 10.00 - 10.50 am, 1.00 - 1.50 pm
Tuesday 2.00 - 2.50 pm, 3.00 - 3.50 pm
Wednesday 1.00 - 1.50 pm, 2.00 - 2.50 pm
Thursday 10.00 - 10.50 am
Friday 9.00 - 9.50 am, 12.00 - 12.50 pm,
1.00 - 1.50 pm

PHSE 312

(first semester)

Prescription of Physical Activity and Exercise

(18 points)



Coordinator: Dr Phil Handcock

Lecturers: Dr Phil Handcock
Carolyn Jenkins

Description: A study of the process of prescribing physical activity and/or exercise for all sectors of the population.

Prerequisites: PHSE 202 & 203

Method of Teaching: Lectures, Laboratories and Practical Work

Assessment: (i) Practical Examination..... 20%
(ii) Assignment..... 30%
(iii) Final Examination 50%

Lectures: Tuesday, Thursday 8.00 - 8.50 am

PHSE 313

(full year)

Exercise Prescription Practicum

(18 points)

Coordinator:

Dr Phil Handcock



Lecturers:

Dr Phil Handcock
Carolyn Jenkins

Description:

Reflective learning within an Exercise Prescription field work placement.

Prerequisites:

PHSE 311 & 312

Note:

Class size will be limited, therefore final admission will require the Dean's approval. Students should have an alternative paper selected if not admitted.

Method of Teaching:

Lectures, Tutorials, Clinical Work and Peer Monitoring

Assessment:

100% Internal Assessment

Lectures/Seminars:

Wednesday 1.00 - 1.50 pm

PHSE 315 Physical Activity and Health

(Not offered in 2012) (18 points)



Coordinator: Dr Sandy Mandic

Lecturer: Dr Sandy Mandic

Description: Exploring health benefits of physical activity in healthy and clinical populations.

Prerequisites: PHSE 311 & 312

Note: Students who have not passed the normal prerequisites may be admitted with the Dean's approval.

Method of Teaching: Lectures and Seminars

Assessment: (i) Group Assignment..... 25%
 (ii) Mid-Term Examination 25%
 (iii) Final Examination 50%

Highly Recommended Text:

Claude Bouchard, Steven N. Blair, William L. Haskell (2007) *Physical Activity and Health*

Lectures/Seminars: Monday, Wednesday, Friday 10.00 - 10.50 am

PHSE 320

(second Semester)

Akoranga Whakakori: Māori Physical Activity and Health

(18 points)



Lecturer: Dr Anne-Marie Jackson

Description: An introduction to the social and educational significance of physical activity from a Māori perspective.

Prerequisite: PHSE 104 or MAOR 102

Method of Teaching: Lectures, Wānanga

Assessment: 100% Internal Assessment (Essay, Group Work)

Reading Material: Will be assigned throughout the course

Lectures/Practicals: Tuesday 4.00 - 5.50 pm Lectures (2 hrs), and Friday 2.00 - 5.50 pm (4 hrs) Practicals

PHSE 322

(second semester)

Teaching Physical Education and Health

(18 points)



Lecturer: Associate Professor Lisette Burrows

Description: A critical examination of teaching, learning and curriculum in school-based physical education and health.

Prerequisite 54 200-level PHSE points

Note: Students who have not passed 54 200-level PHSE points may be admitted with the Dean's approval.

Method of Teaching: Lectures and Seminars

Assessment: (i) Assignments 50%
(ii) Final Examination 50%

Required/Recommended Text:
Some reading material will be provided in class

Lectures: Tuesday 10.00 - 11.50 am (2 hrs)

PHSE 323

(second semester)

Issues in Physical Education and Health

(18 points)



Lecturer: Associate Professor Lisette Burrows

Description: A seminar course on contemporary issues in physical education and health.

Prerequisite: 54 200-level PHSE points

Note: Students who have not passed 54 200-level PHSE points may be admitted with the Dean's approval.

Assessment: 100% Internal Assessment (Assignments)

Lectures: Tuesday 2.00 - 3.50 pm (2 hrs)

**PHSE 324 Theoretical Perspectives on
Physical Education and Health**
(not offered in 2012) (18 points)

Coordinator: Dr Tania Cassidy

Lecturer: Dr Tania Cassidy

Description: A seminar course that examines the significance of physical education and health from various theoretical perspectives.

Prerequisite: 54 200-level PHSE points

Note: Students who have not passed 54 200-level PHSE points may be admitted with the Dean's approval.

Method of Teaching: Seminars

Assessment: (i) Assignments (2)..... 40%
 (ii) Final Examination 60%

Strongly Recommended Text:
Readings will be assigned for each seminar.
Students are expected to critically discuss the content of the readings at each seminar

Seminar: Thursday 2.00 - 3.50 pm (2 hrs)

PHSE 325
(second semester)

Dance and the Community
(18 points)



Coordinator: Ali East

Description: A critical examination of the concepts and issues of dance and community particularly dance, in relation to healing, social, educational, political and artistic functions.

Note: An introduction to ethnographic fieldwork with sectors of the local community.

Prerequisite: PHSE 235 or 326

Restriction: PHSE 435

Note: This paper is offered as a 400-level course also; please discuss your eligibility with the course coordinator.

Method of Teaching: Fieldwork, Practical and Theoretical Seminars

Assessment: (i) Essay..... 35%
(ii) Field Report..... 35%
(iii) Seminar..... 30%

Seminar: Thursday 3.00 - 4.50 pm (2 hrs)

Practical: Friday 10.00 - 11.50 am (2 hrs)

PHSE 326
(first semester)

Dance Education
(18 points)



Lecturer: Dr Ojeya Cruz Banks

Description: A critical analysis of local, national and international dance education, pedagogy, curriculum and policy. Focus is placed upon the theories of knowledge that underpin practice and education.

Prerequisites: 54 200-level PHSE points

Restriction: PHSE 436

Notes: (i) Students who have not passed 54 200-level PHSE points may be admitted with the Dean's approval.
(ii) This paper is also offered as a 400-level course; please discuss your eligibility with the course coordinator.

Method of Teaching: Seminars and Practical Studio Work

Assessment: 100% Internal Assessment

Strongly Recommended Text:
Reading material will be provided throughout the course

Lectures: Monday 4.00 - 5.50 pm (2 hrs)

Practicals: Thursday 4.00 - 5.50 pm (2 hrs)

PHSE 327
(first semester)

Adventure Education
(18 points)



Lecturer: Associate Professor Mike Boyes

Description: An examination of adventure in the outdoors from psychological and sociological perspectives, with emphasis on the role of the group, leadership, risk, challenge, and ecological relationships.

Prerequisite: 54 200-level or above points

Method of Teaching: Lectures and Seminars

Assessment: (i) Assignments (2)..... 50%
(ii) Final Examination 50%

Recommended Text: Priest, S. & Gass, M.A. (2005). *Effective Leadership in Adventure Programming*. Champaign: Human Kinetics

Lectures: Monday, Wednesday 11.00 - 11.50 am

PHSE 328 Teaching and Learning in the Outdoors

(not offered in 2012) (18 points)

Lecturer: Dr Shayne Galloway

Description: An exploration of how people learn through direct experiences in outdoor situations and how natural environments are utilised as learning contexts. These theories will be applied in a residential camp setting.

Prerequisites or
corequisites: PHSE 231 & 327

Limited to: BPhEd, BPhEd(Hons), PGDipOE, PGDipPE

Note: Students with equivalent prior outdoor education experience may be admitted with the Dean's approval.

Method of Teaching: Lectures, Seminars and Practical

Assessment: 100% Internal Assessment

Recommended Text: Journal articles and other readings will be assigned during class sessions

Practical: A compulsory 2-day outdoor experience will be programmed mid-week, late September – specific dates to be announced during the first lecture

Seminars: Wednesday 3.00 - 4.50 pm (2 hrs)

PHSE 329
(second semester)

Sports Technology
(18 points)



Lecturer: Associate Professor Chris Button

Description: Considers how various applications of technology have influenced the way that sport is played. Students will be required to critique the relationship of sport and technology from a multidisciplinary perspective.

Recommended Text: (Ross, 2008) *Higher, Further, Faster: Is Technology Improving Sport?* John Wiley & Sons Ltd.

Additional readings will be provided in class.

Prerequisites: PHSE 202 and/or equivalent approved experience.

Note: Also one of STAT 110/115 or COMO 101 is strongly recommended but not essential.

Method of Teaching: A combination of stimulus lectures, seminar discussions, practical workshops and off-site visits will be used

Assessment: (i) Seminar Participation/Presentation..... 30%
(ii) Final Examination 70%

Seminars: Fridays 3.00 - 4.50 pm (2 hrs)

Prac/Lab sessions: TBA (as determined within class)

PHSE 330
(first semester)

Sports Coaching
(18 points)



Lecturer: Dr Tania Cassidy

Description: A study of coach and player behaviour and effective coaching strategies.

Prerequisites: PHSE 205 & 206

Method of Teaching: Lectures and Discussions

Assessment: (i) Assignments 60%
(ii) Final Examination 40%

Lectures: Wednesday, Thursday 2.00 - 2.50 pm

PHSE 331 Coaching Junior Athletes

(not offered in 2012) (18 points)

Lecturer: TBA

Description: A study of effective instructional strategies and current issues in youth sports.

Prerequisite: PHSE 330

Method of Teaching: Lectures and Discussions

Assessment: (i) Internal Assessment..... 60%
 (ii) Final Examination 40%

Lectures: Tuesday, Thursday 12.00 - 12.50 pm

PHSE 333 Leisure Dimensions

(not offered in 2012) (18 points)

Lecturer: Dr Shayne Galloway

Description: Historical perspectives on leisure behaviour; the role and scale of contemporary recreation and leisure; social, economic and behavioural determinants of the demand for recreation, the identification and evaluation of recreational resources.

Prerequisite: 54 200-level PHSE points

Method of Teaching: Lectures

Assessment: (i) Essays..... 30%
 (ii) Seminar Presentation..... 30%
 (iii) Final Examination..... 40%

Required/Recommended Text:

Journal and other reading materials will be advised during classes

Lectures: Friday 11.00 - 12.50 pm (2 hrs)

PHSE 334
(first semester)

Advanced Sport Psychology
(18 points)

Lecturer:

Dr Elaine Hargreaves



Description:

An in-depth examination of the role that social psychological variables play in participation and performance in sport, and psychological development via sports participation.

Prerequisite:

PHSE 205

Recommended

Preparation:

PSYC 202

Method of Teaching: Lectures and Tutorials

Assessment:

- (i) Essay Assignment..... 35%
- (ii) Tutorials..... 15%
- (iii) Final Examination 50%

Lectures:

Tuesday, Thursday 9.00 - 9.50 am

PHSE 335
(second semester)

Applied Sport Psychology
(18 points)



Lecturer: Professor Ken Hodge

Description: An examination of the philosophy and practice of sport psychology interventions in sport and physical activity. The theoretical and research basis of sport psychology interventions will also be examined.

Prerequisite: PHSE 334

Method of Teaching: Lectures and Tutorials

Assessment:

(i) Essay Assignment	25%
(ii) Tutorials	15%
(iii) Final Examination	60%

Recommended Text: Hodge, K. (2004) *Sport Motivation* (2nd ed.)
Auckland: Reed

Lectures: Tuesday, Thursday 9.00 - 9.50 am

PHSE 336
(second semester)

Exercise Psychology
(18 points)



Lecturer: Dr Elaine Hargreaves

Description: An examination of how psychological factors can affect participation in exercise and physical activity, and how exercise and physical activity can influence psychological parameters and health outcomes.

Prerequisite: PHSE 334

Method of Teaching: Lectures and Tutorials

Assessment: (i) Internal Assessment..... 50%
(ii) Final Examination 50%

Lectures: Monday 1.00 - 1.50 pm
Wednesday 2.00 - 2.50 pm

PHSE 337
(second semester)

Body, Culture and Society
(18 points)



Lecturer: Marguerita Lázár

Description: The sociocultural analysis of the social construction, control and expression of the body in the context of physical activity.

Prerequisites: PHSE 204 & 206

Limited to: BPhEd, BPhEd(Hons), PGDipPE

- Notes:
- (i) 54 approved 200-level points may be substituted for the PHSE 204 and 206 prerequisites.
 - (ii) PHSE 337 may also be taken by students studying towards a Bachelor of Arts, with a Major or Minor in Sociology.

Method of Teaching: Lectures and Seminars

Assessment: (i) Internal Assessment..... 50%
(ii) Final Examination 50%

Lectures: Wednesday 12.00 - 12.50 pm
Thursday 10.00 - 11.50 pm (2 hrs)

PHSE 338
(first semester)

Advanced Sociology of Sport
(18 points)

Lecturer:

Professor Steven Jackson



Description:

Advanced study of sociological theories, methods and research related to sport.

Prerequisite:

PHSE 206

Method of Teaching: Lectures

Assessment:

(i) Internal Assessment..... 50%
(ii) Final Examination 50%

Lectures:

Wednesday 9.00 - 10.50 am (2 hrs)

PHSE 339

(first semester)

Sport Governance and Administration

(18 points)



Lecturer: Dr Mike Sam

Description: An introduction to organisation theory and its application to New Zealand sport agencies. An overview of the sport delivery system in New Zealand is presented with an emphasis on the relationships between the various organisations. Involves a review of the context within which organisations operate, examining their roles and structures along with the key issues they face.

Prerequisites: PHSE 204 & 206

Method of Teaching: Lectures, Tutorials

Assessment: (i) Internal Assessment..... 50%
(ii) Final Examination 50%

Lectures: Tuesday, Friday 1.00 - 1.50 pm

Tutorials: TBA

PHSE 340
(first semester)

Sport Management and Strategy
(18 points)

Lecturer:

Dr Sally Shaw



Description:

An examination of selected principles of management and public administration considered important to New Zealand sport organisations.

Method of Teaching: Lectures

Assessment:

(i) Internal Assessment..... 60%
(ii) Final Examination 40%

Lectures:

Monday 10.00 - 10.50 am
Thursday 11.00 - 11.50 am

PHSE 380
(each semester)

Independent Study
(18 points)

Coordinator:

Chair of Graduate & Honours Committee

Description:

An original research project, or an approved topic or project relating to physical education.

Prerequisite:

54 200-level PHSE points

Note:

Students must have a signed letter from an academic staff member indicating that they are willing to supervise the project, and provide a one-page outline stating the title of the project, a brief description and the nature of the final product to be submitted.

Method of Teaching: Seminars

PHSE 391

(full year)

Research Design and Analysis

(24 points)

Lecturers:

Dr Mark Falcous
Dr Motohide Miyahara



Description:

The techniques of literature search and reviewing, research design in projects, and preparation of a research proposal.

Limited to:

BPhEd

Prerequisites:

PHSE 202-206

Method of Teaching: Lectures and Tutorials

Assessment:

100% Internal Assessment

Lectures:

First Semester:
Monday 2.00 - 3.50 pm (2 hrs)

Second Semester:
TBA

PHSE 401
(second semester)

Advanced Exercise Physiology
(18 points)

Coordinator: Dr Nancy Rehrer

Lecturer: Dr Jim Cotter



Description: An advanced course in exercise physiology. Extending the physiological principles of exercise and training adaptation, built upon knowledge of metabolic requirements of exercise.

Prerequisite: PHSE 301

Note: The prerequisite PHSE 301 may be substituted with 36 approved 200-level PHSL points.

Method of Teaching: Lectures and Laboratories

Assessment: (i) Laboratory Reports 35%
(ii) Project..... 15%
(iii) Final Examination 50%

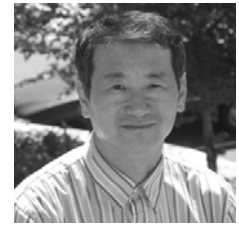
Lectures: Wednesday 12.00 - 12.50 pm
Friday 11.00 - 11.50 am

Laboratories: 7 x 2 hour 50 minutes labs

PHSE 402 Disability Case Study Research

(first or second semester) (18 points)

Lecturer: Dr Motohide Miyahara



Description: Theory and practice of case study research as an empirical inquiry. Students conduct a pilot study with children at the Movement Development Clinic or at any fields of their interests related to disability.

Prerequisites: PHSE 305 & 306 if the pilot case study research is conducted at the Movement Development Clinic. Otherwise, equivalent approved experience.

Note: Offered if three or more students are enrolled.

Method of Teaching: Seminars and practical

Assessment: 100% Internal Assessment

Required Text: Yin, R. (2002). *Case study research: Design and methods (3rd ed.)* Thousand Oaks, CA: Sage Publications

Seminars: TBA

Teaching Laboratories:
 Movement Development Clinic:
 Monday – Thursday 3:30 – 4.30 pm

**PHSE 414 Dance Education Philosophy (and
Research Issues)**

(not offered in 2012) (18 points)

Lecturer: TBA

Description: A critical study of issues in dance education.
Examines philosophies of knowledge that underpin
the theory and practice of dance education in a
variety of educational contexts.

Prerequisite: PHSE 326

Recommended
preparation: PHSE 235 and (322 or 325)

Method of Teaching: Seminars and Practical Work

Assessment: 100% Internal Assessment

Recommended Text: Assigned readings

Lectures: Wednesday 4.00 - 5.50 pm (2 hrs)

PHSE 416
(second semester)

Adventure, Environment and Society
(18 points)

Lecturer:

Associate Professor Mike Boyes



Description:

An examination of human and environmental relationships in outdoor and adventure education in society. Students will explore their personal connections with nature through the literature and in a residential camp setting.

Notes:

36 approved 300-level points.

Method of Teaching:

Seminars and a Weekend Field Trip

Assessment:

100% Internal Assessment:

- (i) Essay 30%
- (ii) Environmental Issue & Presentation ... 30%
- (iii) Field Trip 40%

Recommended Text:

Assigned readings

Seminars:

Thursday 1.00 - 2.50 pm (2 hrs)

PHSE 422
(second semester)

Sport and Leisure Policy
(18 points)



Lecturer: Dr Mike Sam

Description: An examination of sport and leisure policy formulation at national, regional and local levels. Analyses social policy with respect to sport and leisure.

Prerequisite: PHSE 339

Method of Teaching: Seminars

Assessment: (i) Presentation 30%
(ii) Essay (1)..... 30%
(iii) Essay (2)..... 40%

Lectures: Thursday 2.00 - 3.50 pm (2 hrs)

PHSE 424
(second semester)

Sport, Media and Culture
(18 points)

Lecturer:

Professor Steven Jackson



Description:

A critical examination of the interrelationship between sport, media and culture.

Prerequisite:

PHSE 338

Method of Teaching: Lectures and Tutorials

Assessment:

(i) Internal Assessment..... 50%
(ii) Examination 50%

Lectures:

Wednesday 9.00 - 10.50 am (2 hrs)

PHSE 425
(full year)

Sport Management Practicum
(18 points)



Coordinator: Dr Mike Sam

Description: Approved practical experience in a sport organisation incorporating an examination of the organisation and the completion of a major project.

Prerequisites: PHSE 339 & 340

Limited to: BPhEd, BPhEd(Hons) or PGDipPE

Note: Due to the limited number of places available, enrolment in this paper is subject to the Dean's approval.

Method of Teaching: Initial Lecture, Practical Work Experience

Assessment: (i) Practicum Outline 20%
(ii) Project Report 50%
(iii) Work evaluation / Supervisor 30%

Lectures: Initial Lectures (first 3 weeks)
Wednesday 2.00 - 2.50 pm

**PHSE 430 Critical Aspects of Sport
Management**

(not offered in 2012) (18 points)

Lecturer: Dr Sally Shaw

Description: An analysis of sport management, using the application of critical theory to develop practice. There will be an opportunity to examine, discuss, and critique contemporary sport management issues.

Prerequisite: PHSE 339 or 340

Method of Teaching: Lectures

Assessment: 100% Internal Assessment

Lectures: Monday 10.00 - 11.50 am (2 hrs)

PHSE 435
(second semester)

Dance and the Community
(18 points)



Coordinator: Ali East

Description: A critical examination of the concepts and issues of dance and community, particularly dance in relation to healing, social, educational, political and artistic functions.

Note: Students will be required to undertake an ethnographic community dance research project.

Prerequisites: PHSE 235 or 326, or equivalent approved experience

Restriction: PHSE 325

Method of Teaching: Fieldwork, Practical & Theoretical Seminars

Assessment:

- (i) Research Essay (Literature Review).... 20%
- (ii) Seminar..... 20%
- (iii) Ethical Approval Submission 15%
- (iv) Ethnographic Research Report 45%

Seminar: Thursday 3.00 - 4.50 pm (2 hrs)

Practical: Friday 10.00 - 11.50 am (2 hrs)

PHSE 436

(first semester)

Dance Education

(18 points)



Lecturer: Dr Ojeya Cruz Banks

Description: A critical analysis of local, national and international dance education, pedagogy, curriculum and policy. Focus is placed upon the theories of knowledge that underpin practice and education.

Prerequisites: PHSE 235 or 325, or equivalent approved experience

Restriction: PHSE 326

Method of Teaching: Seminars and Practical Studio Work

Assessment: 100% Internal Assessment

Strongly Recommended Text:

Reading material will be provided throughout the course

Lectures: Monday 4.00 - 5.50 pm (2 hrs)

Practical: Thursday 4.00 - 5.50 pm (2 hrs)

PHSE 427/428 Topics in Advanced Physical Education

The following Topics are available for 2011. Students may enrol for one or more of these papers. Students enrolling for one of these papers should enrol in PHSE 427 (irrespective of the paper chosen). Students enrolling for two papers should enrol for PHSE 427 and PHSE 428.

Advanced Medical Aspects of Exercise & Physical Activity – Exercise for Cancer Rehabilitation

(first semester 2012) (18 points)

Coordinator: Dr Lynnette Jones

Lecturer: Dr Lynnette Jones



Description: An introduction to the effect cancer has on physiological systems relevant to exercise programming. Students will also be introduced to exercise testing and exercise prescription for individuals with cancer.

Prerequisites: PHSE 311 & 312, BIOC 111 and/or any 200-level PHSL paper highly recommended.

Limited to: BPhEd, BPhEd(Hons), PGDipPE
Places limited to 10 students based on grades for PHSE 311 and PHSE 312. Students should have an alternative paper selected if not admitted.

Method of Teaching: Lectures and Laboratories

Assessment: 100% Internal Assessment

Recommended Text: Ehrman, J.K., Gordon, P.M., Visich, P.S. & Keteyian, S.J. (2009). *Clinical Exercise Physiology*. (2nd ed) Human Kinetics, Champaign, Il.

Lectures: Monday 2.00 - 3.50pm (2 hrs)

Laboratories: TBA

Cardiac Rehabilitation

(second semester) (18 points)

Lecturer: Dr Sandy Mandic



Description: This paper will examine fundamentals of cardiac rehabilitation and clinical exercise physiology. The paper will provide in-depth study of exercise prescription for cardiac patients, interpretation of clinical exercise tests with ECG monitoring, and clinical experiences in cardiac rehabilitation setting.

Prerequisites: PHSE 311, 312, 315. Entry limited to 15 students based on grades in relevant papers (generally PHSE 203, 311, 312 & 315).

Method of Teaching: 2 hour lectures per week with practical/lab sessions as required (“hands on” clinical experiences)

Assessment: 100% Internal Assessment

Required Text: American College of Sports Medicine (2009) *ACSM’s Guidelines for Exercise Testing and Prescription (8th ed.)* Lippincott Williams & Wilkins

Additional readings will be provided in class

Lectures: Monday 12.00 - 12.50 pm
Tuesday 9.00 - 10.50 am

Laboratories: TBA (as determined within class)

World Dance Perspectives and Choreography

(first semester)

(18 points)



Lecturer: Dr Ojeya Cruz Banks

Description: This paper examines socio-cultural perspectives of dance that draws from dance anthropology, critical dance studies and practice/performance based research. Students will select individual research topics that guide their choreographic research and practice. Optional research pathways will include: Māori Contemporary Dance, Pacific Island Dance, and dance's relationship to music, health, ecology, cultural identity, autobiography, gender, film and other technologies within unique cultural context. The paper strives to collate a wide range of intercultural understandings of dance.

Prerequisites: PHSE 235, 325 or 326 and/or equivalent approved experience

Method of Teaching: Seminar and Dance Lab/Practice

Assessment: (All Internal) Literature Review Essay and Performance Forum

Lectures/Seminars: TBA
1 hour per week of independent studio time

Movement Rehabilitation

(first semester)

(18 points)



Lecturer: Dr Jon Shemmell

Description: This paper will introduce students to experimental techniques for improving motor function for people with movement disorders. The assessment project requires students to use their knowledge of the motor skill acquisition and central nervous system function to develop and test an intervention designed to enhance movement coordination.

Prerequisites: PHSE 304. Entry limited to 16 students, based on grades in relevant papers (generally PHSE 202, 203, 301 & 304)

Teaching Method: 2-hour seminar per week, with practical/lab sessions as required

Assessment: 100% Internal Assessment

Seminars: Provisionally Tuesdays 10.00 - 11.50 am (2hrs)

Prac/Lab sessions: TBA (as determined within class)

PHSE 471
(first semester)

Research Seminar
(24 points)



Lecturer: Professor Douglas Booth

Description: Examines questions about knowledge and its discovery, politics and culture in the context of the broad interdisciplinary base that comprises Physical Education.

Prerequisite: PHSE 391

Limited to: BPhEd, BPhEd(Hons), MDanceSt, MPhEd, PGDipPE

Method of Teaching: Seminars

Assessment: 100% Internal Assessment

Lectures: Monday 12.00 - 1.50 pm (2 hrs)
(subject to change)

PHSE 491
(full year)

Dissertation
(48 points)

Coordinator: Honours Coordinator

Description: Candidates are required to submit for examination a dissertation on a topic approved by the Dean of the School of Physical Education.

Prerequisite: PHSE 391

Limited to: BPhEd(Hons)

Notes: (i) In approved cases may be taken for BSc(Hons) in Neuroscience.
(ii) **Dissertation must be completed by 1 October. The penalty for late submission of honours dissertations is 5% per day.**

Method of Teaching: Seminars

Graduate Students Only

PHSE 480

(full year)

Research Project

(36 points)

Coordinator:

Chair of Graduate & Honours Committee

Limited to:

MDanceSt, PGDipOE, PGDipPE

PHSE 495

(full year)

Master's Thesis Preparation

(24 points)

Preparation of a thesis proposal/preliminary thesis research. Normally taken by students in the papers year for a Master's degree by papers and thesis.

Limited to:

MPhEd

Assessment:

100% Internal Assessment